



Week 6

D.A.R.E.

Dear Parent/ Guardian,

Today was the sixth lesson in the DARE curriculum, and was about “Friendship Foundations”. The goal of this lesson was to help children develop communication skills needed to build and maintain healthy relationships, and to demonstrate this ability. Your child:

- Described and discussed what is a good friend
- Learned about the different types of peer pressure
- Applied the DARE decision making model to help “Cory” from a prepared scenario deal with peer pressure situations and to identify who are his friends.

Some suggested topics for you to discuss with your child are:

- What are some of the qualities of a friend?
- Who is their peer?
- How do our peers pressure us to do things?

Next weeks lesson is “Putting It Together”. We will be learning nine ways to be in charge when faced with peer pressure to do things we do not want to do.

Please feel free to contact me if you have any questions. 715-273-6877

Sincerely,

Steve Albarado/DARE Officer